

# SOAP GUIDE

## Jan-Feb 2020

### JAN

1 - Psalm 23  
2 - Psalm 24  
3 - Psalm 25  
4 - Psalm 26  
5 - Psalm 27  
6 - Psalm 28  
7 - Psalm 29  
8 - Psalm 30  
9 - Psalm 31  
10-Psalm 32  
11-Psalm 33  
12-Psalm 34  
13-Psalm 35  
14-Psalm 36  
15-Psalm 37  
16-Psalm 38  
17-Psalm 39  
18-Matthew 1  
19-Matthew 2  
20-Matthew 3  
21-Matthew 4  
22-Matthew 5  
23-Matthew 6  
24-Luke 1  
25-Luke 2  
26-Luke 3  
27-Luke 4  
28-Luke 5  
29-Luke 6  
30-Luke 7  
31-Luke 8

### FEB

1 - Psalm 8  
2 - Psalm 9  
3 - Psalm 10  
4 - Psalm 11  
5 - Psalm 12  
6 - Psalm 13  
7 - Psalm 14  
8 - Psalm 15  
9 - 1 Peter 1  
10-1 Peter 2  
11-1 Peter 3  
12-1 Peter 4  
13-1 Peter 5  
14-2 Peter 1  
15-2 Peter 2  
16-2 Peter 3  
17-Psalm 16  
18-Psalm 17  
19-Psalm 18  
20-Psalm 19  
21-Psalm 20  
22-Psalm 21  
23-Psalm 22  
24-Galatians 5  
25-Galatians 6  
26-Philippians 1  
27-Philippians 2  
28-Philippians 3  
29-Philippians 4  
30-Colossians 1-2  
31-Colossians 3-4

#### EXTRA READING BY TOPIC

##### Self Care

1 Corinthians 3:16  
1 Peter 5:7-9  
Romans 12:1-2

##### Hope

1 Peter 5:10  
Isaiah 40:31  
Colossians 1:27

# SOAP

*At Faith Church, our desire is that every believer would not just attend church, but also hear from God daily through His word! We believe that doing SOAP daily re-patterns the way we think, transforms our heart, and help us become more like Jesus!*

## SCRIPTURE

Write down in your journal the verses that stand out to you.

## OBSERVATION

Write down what observations and thoughts about the scripture you are reading. What is God saying through this scripture?

## APPLICATION

Personalize what you have read today. How does it speak to what your facing right now?

## PRAYER

You can write a prayer or simply speak it out based on what you have just read and experienced. Ask God to help you apply this truth in your life!

